

Volunteers receive Angel Awards

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Education to be considered in officer promotions

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Arctic Warriors help "Care" for rural Alaskans

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Arctic Warriors hunt eggs

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PHOTO BY AIRMAN JONATHAN STEFFEN

Letters to Airmen focus on education

In the two most recent "Letters to Airmen," the Air Force's top leaders focused on the importance of education for both enlisted Airmen and officers.

"We must take the Air Force's basic educational foundation to the next level and be relentless in our continued pursuit to become knowledge-enabled Airmen," Secretary of the Air Force Michael W. Wynne

"All Total Force Airmen have the opportunity to incorporate higher education into their development. through Air Force sponsored degrees, the Community College of the Air Force, or with tuition assistance for civilian institutions."



Secretary Wynne said he is spearheading refined initial and developmental education for everyone, including basic military training increasing by two-and-a-half weeks and changes in officers' curriculums.

In the letter directed toward officers regarding advanced education, the secretary and Air Force Chief of Staff Gen. T. Michael Moseley said

information on all degrees earned by an officer will soon be available to the central selection boards.

"Both of us want to encourage Airmen, not discourage them, from pursuing advanced education," the secretary and chief wrote to officers.

"Therefore, we want a change to the officer promotion process that would again provide supervisors, commanders and selection boards information on all academic degrees earned."

Both "Letters to Airmen," and other senior leader viewpoints, can be found in the Library section of Air Force Link, at www.af.mil.

(Courtesy of Air Force Print News)



3rd Wing commander

Do you have a problem you can't seem to get solved? Would you like to recognize someone for a job well done?

The commander's action line is your avenue to communicate your questions, comments and concerns directly to the commander, Brig. Gen. Hawk Carlisle. Your calls will get the commander's personal attention and be answered in a timely manner.

If you have a question, call or e-mail the action line at:

552-2224 Brig. Gen. Hawk Carlisle actionline@elmendorf.af.mil

The following commanders stand ready to help you and can answer the majority of your questions. If they can't help, then please call the Action Line.

Key phone numbers:

Col. Mike Hass, 3rd CES/CC 552-3007 Lt. Col. David Aupperle, 3rd SVS/CC 552-2468 Lt. Col. Robert Garza, 3rd SFS/CC

Why is the library closed weekends?

Q: I'm an active-duty member living on base with my husband and two daughters. I recently returned from an Air Expeditionary Force deployment.

Before I left, we would go to the base library on the weekends with our children. It was something we all looked forward to.

I was also taking college courses online and would rely on the base library as a resource for the classes I'm taking to finish my Community College of the Air Force degree.

However, when I returned from my deployment, I noticed the library is no longer open on the weekends and closes earlier during the week.

Because of my work schedule, this is making it difficult to get access to a computer I need for my classes. It is also taking away from our family weekends at the library.

The libraries off base are much noisier and farther away. I guess for some people that might not be a problem, but we have one car and with my husband's work schedule, it makes it difficult to get to a library as much as we need to.

I asked someone who works there

about the new hours and he said they didn't have enough manning.

Why can't the library hire more people or adjust its hours to accommodate the base populace?

Most people work during the day and can't use the library while it's open, so why not change the hours to make it available for the vast majority of the people who really need to use it.

Seriously, if the library opened at noon each day instead of 10 a.m., then that would free up an additional 10 hours that could be applied to the weekends.

I checked the regulations on operating hours and our library isn't complying with the regulations. (AFI 34-270, PACAF Supplement, dated 7 Oct 2005.)

What can and will be done to help out those who really need access to the base library?

A: We were forced to temporarily reduce the Library's operating hours until we are able to fill several vacant staff positions.

position that has been vacant since August and the senior technician position that has been vacant since October.

We have been unsuccessful in our search for qualified individuals. The jobs are posted and we are optimistic that we'll find qualified candidates and have the positions filled within the next 30-60 days.

We understand our current operating hours do not meet Air Force requirements; however, we have modified our hours to best accommodate historical customer demand and average headcount while maximizing the use of our available staff.

Historical data shows the library is used more between 10 a.m. and noon, which precludes transferring those hours to permit opening on the weekend.

While I am sure there are others who would like to see weekend hours restored, we are not able to justify shifting hours, as you have suggested.

I can assure you our priority will be to open on weekends as soon as possible after additional positions are filled.

Thank you for your inquiry



Staff Sgt. Melissa Baker, 3rd Operations Support Squadron, went above and beyond normal security manager responsibilities by personally completing security paperwork for key personnel during exercise Polar Force 06-1. Her efforts ensured no negative impact on the upcoming F-22 Site Activation Task Force meetings. At the same time, as operations representative for the Operational Readiness Exercise, she communicated battle staff directives, Mission Oriented Protective Posture levels, and threat specific information throughout the 3rd Operations Group.

The Pacific Air Forces Initial Communications Package **Team** distinguished themselves by deploying six tons of equipment and 22 troops to Camp Mad Bull in support of exercise Polar Force 06-1. As the only source of communications, PICP quickly established initial command, control and computer links for 300 personnel and delivered satellite reachback capabilities. As a result of their actions, the first-ever Operational Readiness Exercise held at Camp Mad Bull was a successful demonstration of war-fighting capabilities.

Road Conditions

The 3 MSG/CC has directed **Road Condition Amber for** Elmendorf in order to coincide with Fort Richardson road conditions.

Though roads on Elmendorf and Fort Richardson may not generally appear to be slippery due to snow, ice, or reduced visibility, there are still some areas that are not suitable for motorcycle operations.

Until road conditions on both installations are suitable for motorcycle operations, driving motorcycles is prohibited.

Sourdough Sentinel

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For more information, call the *Sourdough Sentinel* office at 552 2402 as 552 2004.

552-2493 or 552-8941, e-mail: sourdough sentinel@elmendorf. af.mil, fax us at 552-5111, or write to us at: 3rd WG/PA, 10480 22nd St. Ste. 119 Elmendorf AFB, AK 99506

Elmendorf Moment in History April 22, 1939:

President Roosevelt signed Executive Order 8102 withdrawing 43,490 acres near Anchorage for the construction of an air base. Construction began June 8, 1940 on what would become Elmendorf Air Force Base.



Top volunteers honored at base ceremony

By Master Sgt. Tommie Baker 3rd Wing Public Affairs

Elmendorf honored its volunteers Thursday during the annual Base Volunteer Recognition Ceremony at the Base Education Center.

The theme of the ceremony, "Together, We Make a Difference," honored 10 of the base's top volunteers who received Angel Awards and Air Force Excellence Awards.

"This is extremely important," said Rocky Latta, Family Support Center volunteer coordinator, referring to the two volunteer awards.

"These are prestigious awards that are only given out to few Elmendorf volunteers a year," said Mr. Latta. Additionally, base volunteers who have donated more than 150 hours were honored with a Volunteer Pin.

"Volunteers are a group of people who I consider the unsung heroes in our community," said Mr. Latta. "They selflessly give of themselves to make life a little better for us all."

He said the ceremony is very significant because it recognizes the devoted volunteers who give so much to our community both on and off the base. "The awards honor volunteers that serve as positive examples, setting the standard for others."

He said the program, which is more than 16 years old, provides a focal point for the base to recruit, interview and place volunteers in agencies where their skill and interests are best used.

And volunteer they do — about 500 Elmendorf people volunteered more than 30,176 hours in 2005 with a value of more than \$518,000, according to Mr. Latta.

Mr. Latta said he manages the program with the help of several unit and agency representatives who make up Elmendorf's Volunteer Action Council. The council discusses issues, advertises opportunities and works with agency representatives to find volunteers to fill needs. Anyone interested in volunteering for the VAC is welcome to attend the meeting at 10 a.m. the second Thursday of the month at the Family Support Center.

For more information about volunteering opportunities, call or make an appointment with Mr. Latta at 552-8068.

Volunteer Excellence Awards

Puanani Spencer

Enlisted Spouses of Elmendorf Alaska, Airman's Attic Ms. Spencer committed her-

Ms. Spencer committed herself in volunteer service to Aurora Elementary School, ESPEAK, and to her church while caring for her four sons.

She initiated projects such as a canned food drive, sending stationery and letters to missionaries, baking cookies for the ill, and organizing potlucks and seasonal social events for the Airman's Attic to recognize group and individual accomplishments.

She also enriched the lives of children through her work as a Sunday school teacher and as Achievement Day leader, providing a positive, patient and caring role model for youth in the community.

Ms. Spencer has been pivotal in recruiting new volunteers by expressing and sharing the joy and benefit one receives from volunteerism.

Sandra Christopherson

Elmendorf Officers Spouses' Organization

Ms. Christopherson selflessly gave of her time and efforts to various community organizations including the EOSO, Greuning Middle School, St. Andrew's Catholic Church, the Armed Services YMCA, and the Eagle River Food Pantry.

She was the EOSO Arctic Bazaar chairperson, receiving 100 percent positive feedback from more than 180 participating vendors, and raising more than \$17,000.

She was also recognized by the EOSO for her enthusiasm in taking on various projects such as revamping the EOSO Web site.

Ms. Christopherson single-handedly oversaw the Greuning Middle School Yearbook project producing a yearbook touted as "best ever" by parents and students alike.

Julie Edwards

Firebird Spouses Group

Ms. Edwards committed herself to charitable efforts statewide in the communities of Elmendorf, Eagle River, Anchorage, Seward, and Arctic Village.

She helped raise \$8,200 to ensure that 54 Arctic Village children received Christmas gifts, and community residents received such items as washers and dryers, clothing, food, and books during annual cultural exchange.

She spearheaded the American Cancer Society's Daffodil Days Program, raising \$103,000 for research, advocacy, education, and patient services as well as delivering daffodil bouquets to cancer patients and survivors throughout Anchorage.

Aditionally, Ms. Edwards meticulously compiled 2005 Alaskan Junior ROTC Awards Program, coordinating inputs from 12 schools and recognizing 1,400 Air Force, Army, Navy, and Marine cadets.

Maxine Rohan

Family Support Center

Ms. Rohan volunteered her time and energy to the Pioneer Home of Anchorage and to the Family Support Center, coordinating the Joint Military Job Fair.

She orchestrated the 2005 Joint Forces Job Fair with 66 employers and 500 attendees, making the verbal transition between the Air Force and the Army and strengthening relationships between forces.

She coordinated installation access for Job Fair participants, arranged logistics, coordinated

set-up and clean-up, and marketed the Job Fair, drawing more than 500 attendees.

Ms. Rohan also enhanced quality of life for a 106-year-old resident of the Anchorage Pioneer Home by reading to her for two hours each week.

Angel Award Winners

Airman 1st Class John Lawson

11th Operational Weather Squadron

Airman Lawson dedicated many hours to the Anchorage community and Elmendorf AFB since his arrival in January 2005. He prepared and served hot meals for the less fortunate through the Anchorage Gospel Rescue Mission and Community Assembly Church.

He assisted in the Alaska Dog and Puppy Rescue Center renovation project, saving them more than \$8,000 in construction costs. Airman Lawson displayed leadership in assisting Elmendorf Airman's Ministry and Airmen Against Drunk Driving, making Elmendorf a better and safer place.

Staff Sgt. Cody Anderson

3rd Aircraft Maintenance Squadron

Sergeant Anderson volunteered to coach and mentor junior and senior high school track participants. He dedicated many hours to his church nursery program by providing infant care so parents could attend Sunday services. He initiated an Occupational Safety and Health Administration fire evacuation plan, bringing the nursery into compliance with fire evacuation requirements.

He taught 10th grade Sunday school, and organized and led weekly social activities.

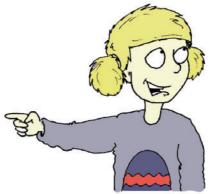
Sergeant Anderson also volunteered numerous hours teaching Tae Kwon Do to help develop the minds and spirit of those in the class.

Tina Evans

Aurora Elementary School
Ms. Evans is a 2005 recipient of
the Volunteer Excellence Award. She
served many hours as the Aurora
Elementary School Parent Teacher
Association president, coordinating
activities, running meetings and

She volunteered many hours as a classroom helper in support of school teachers, specialists and assisting with

leading the executive board.



special projects.

Ms. Evans gave her time to assist in raising funds to provide additional materials in the support of the school mission.

Christine Vogel

Family Support Center
Ms. Vogel donated many hours

as the Volunteer Action Council secretary, developing and organizing basewide participation and, on many occasions, serving as the primary impetus in the successful day to day functioning of the VAC.

She planned, organized and coordinated the Armed Services YMCA Joint Military Spouses Appreciation Day.

She has served as a surrogate parent with the Anchorage School District, serving in place of biological parents at Individual Education Planning.

Brandy Brown

Aurora Elementary School, Airman's Attic

Ms. Brown contributed many hours to Aurora Elementary School as a fund raiser and all-around helper.

She volunteered many hours at the Airman's Attic, providing assistance to numerous families, taking the time to put families on a waiting list to receive items as they are donated to the Attic.

Through her church, she has provided food to the needy and assisted families in crisis.

Ms. Brown planned and directed the "read around the world" program which provided incentives for Aurora Elementary children to read.

Gerry Keffer

Red Cross volunteer, Hospital Pharmacy

Mr. Keffer processed thousands of prescriptions every month and trained new pharmacy volunteers.

He donated 17 rebuilt computers to several local elementary schools.

Mr. Keffer also coordinated charity events through his church, which raised more than \$45,000 for

Alaska's underprivileged.



Operation Arctic Care provides health care to rural Alaska residents

By Master Sgt. Tim Hoffman Alaskan Command Public Affairs

Sub-zero temperatures, blowing snow, and no roads are just a few of the challenges more than 150 military members faced in providing medical, dental, optometry and veterinary service to the residents of 13 remote villages in Northwest Alaska during Operation Arctic Care 2006.

"It was 85 degrees when I left Florida; today with the wind chill it is minus four in Nome," said Chief Petty Officer Matthew Bartlett, 24th Dental Company, 4th Dental Battalion out of Orlando, Fla. "But the weather is just one problem we had to overcome," said the chief, who was working out of the Alaska National Guard armory in Nome with other members of a small logistics and command staff for Arctic Care.

"We had to figure out how to get our larger boxes of deployable dental equipment to fit in (UH-60) Blackhawk helicopters. It wasn't easy, but we worked it out and now our dentists are out there providing everything from oral surgeries to sealants for kids' teeth," he said.

Arctic Care, which began April 1 and ended April 14, is part of the Innovative Readiness Training program. It provides a unique joint training experience for components of the Army, Marine Corps, Navy, Air Force, Public Health Service and the Alaska Army National Guard.

"The goal of IRT is to provide

training to our folks while at the same time provide assistance to rural areas in the U.S.," said Army Lt. Col. Walt Stanish, Alaskan Command medical plans and operations officer.

The military, working closely with the Norton Sound Health Corporation and the Public Health Service, chose the villages of Shishmaref, Brevig Mission, Teller, Wales, White Mountain, Koyuk, Elim, Unalakleet, Shaktoolik, Golovin, Savoonga, Gambell and Diomede because of their remote location and needs of the residents.

"None of these villages are accessible by road so we had to fly into all of them," said Colonel Stanish. "By the same token, when the residents need health care they usually have to fly at least here to Nome or even into Fairbanks or Anchorage. That can mean a trip to the dentist or doctor, that you and I take for granted as an hour or so out of our day, could take village residents several days and cost more than \$1,000 just in travel and lodging."

The services have proved to be popular.

"We are on track to make more than 750 eyeglasses," said Chief Petty Officer Sheldon O'Guinn, Naval Ophthalmic Support and Training Activity, Yorktown, Va.

Chief O'Guinn and fellow Chief Curtis Maxwell set up and ran their mobile lab in the armory.

"The optometrists fax back the eyeglass prescriptions from the villages to Nome, and we make them the same day – usually within a few hours.



PHOTO BY STAFF SGT. MARY ANN NEFFLE

Captain Matthew Raper, a 3rd Medical Group dentist, works on a Native Alaskan patient on St. Lawrence Island during Arctic Care 2006. The Alaskan Command annual exercise was held April 1-14 to provide a joint training experience for military health care providers while also providing medical assistance to rural Alaskan areas.

Many were flown back within a day or so. They are simple, basic glasses, and we only have one style, but the frames come in three sizes: male, female, and child, so the fit is good."

Chief O'Guinn said it can take up to a month to get glasses out here, and cost \$400.

"In one village there were 13 school-age kids that needed glasses, but the families just couldn't afford them right now," said Chief O'Guinn. "We were able to get them all glasses."

Many of the people in this area of

Alaska live a subsistence lifestyle and have limited incomes and access to health care.

"Arctic Care is a win-win for everyone," said Colonel Stanish. "The military gets valuable training operating in a challenging Arctic environment – especially in logistics and using their portable equipment, while the residents get high-quality health care right in their village."

Next year, Operation Arctic Care is schedule to deploy to the Kotzebue area.

Sibling duo spell way to top in state final

By Staff Sgt. Francesca Popp 3rd Wing Public Affairs

The winning word was Vespertilian for Danielle Tacey, a seventh grader at Central Middle School of Science.

Danielle, daughter of Mary and Capt. Glen Tacey, 3rd Medical Operations Squadron, spelled her way to first place at the Alaska State Spelling Bee March 31. She and her older brother, Nick, competed against each other in the final round earning the top two seats.

This was the second year in a row for the siblings competing at the state level. They beat out 150 other students for the top honors.

Danielle said she is excited about winning the state spelling bee again this year and is looking forward to attending the national finals in Washington D.C.

Nick, while he is unable to compete at the national level, said, "I'm happy it was me [being able to represent Elmendorf at the state competition] and that we both placed first and second."

To prepare for the state spelling bee, both students said they studied words in the dictionary and from the *Paideia*, a study guide. For the nationals, Danielle said she is also learning more Greek and Latin prefixes.

Danielle said she likes spelling and going to spelling bees because it's fun. "I get to learn new words and expand my vocabulary."

Her mother added that when Danielle sees the words she studies it helps her learn. "What she learns now will help her in the future," Mrs. Tacey said. "She is more aware of words now and when she sees [a word she has studied]."

Helping to guide his sister, Nick said he studies with Danielle. Danielle said she hopes to make it to at least the fifth round of the national competition.



COURTESY PHOTO

Danielle and Nick Tacey display their awards after winning the top two seats in the state spelling bee. Their parents are Mary and Capt. Glen Tacey, 3rd Medical Operations Squadron.

"I would really like to place first at the national," she added

The Tacey family will attend the 79th annual Scripps National Spelling Bee May 28-June 2 to support Danielle, who competes on May 31 and June 1

For more information about the national competition, visit www.spellingbee.com.

\$ Sourdough \$ potlights



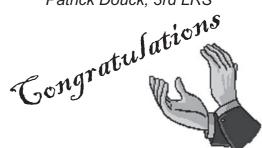
2005 PACAF
Surface Deployment and
Distribution Command Award for
Excellence in Traffic Management
Tech. Sgt. Scott Beard,
3rd LRS

2005 USAF Daedalian Award and The Logistics Readiness Individual Award

Logistics Readiness Individual base-level civilian category George F. Ruestow Air Force Logistics Readiness Senior Civilian Manager of the Year Donna Arnold.

Donna Arnold, 3rd Civil Engineer Squadron

Air Force Fuels Civilian Supervisor/Leader of the Year Patrick Douck, 3rd LRS





Road closure

Fairchild Avenue from Fighter Drive to Airlifter Drive will be closed for re-paving until June 15. Members can access Airlifter Drive via Talley Avenue.

Detour signs will be posted on Airlifter Drive for Fairchild Avenue access.

For more information, call Dan Eckert at 552-2466.

TMO closure

The Traffic Management Office is closed 11 a.m.-noon today for an official function. For emergency issues, call the on-call representative at 552-2793 or 552-4475.

Meal card options

Meal card holders working on the north side of the base will be authorized to order ground support box meals during the Fairchild Avenue road closure. This will ease the long drive through detours.

Call the Iditarod Dining Facility Flight Kitchen at 552-4734 to order. To see the menu, log on to the 3rd Services Squadron Web page under "Dining Facility," "Carryout Meals."

Women's Health Day

The 3rd Medical Group is hosting two Women's Health Days from 8 a.m.-4 p.m. Saturday and April 29 at the hospital. Enrolled beneficiaries who have not had a cervical cancer screening in more than three years are encouraged to

schedule an appointment by calling 552-2778 from 7 a.m.-4 p.m. weekdays. Daily appointments are available for anyone unable to attend the Saturday screenings.

Assault Awareness Month

- Child Abuse and Sexual Assault Prevention Display, through April 29, at the Joint Military Mall.
- The Victims for Justice Annual Tree Ceremony takes place at noon Monday at the Park Strip. Ribbons representing victims of various crimes will be placed on the tree.
- The Elmendorf Sexual Assault Awareness Month closing ceremonies take place at 10 a.m. April 28 at Chapel 1.

ASYMCA

The Armed Services YMCA is sponsoring two adventure camps.

Camp Birchwood, Faith Adventure Camp, is held June 19-23 for children ages 10-12, or grades 4-6.

God Seekers Adventures Camp is July 5-7 for ages 5-7, or grades 2-4.

The cost for each program is \$50. For an application, call the central ASYMCA office at 552-9622 by May 1.

Free short-term consultation

The Air Force Family Support and Health Network sponsor a supplemental on-base resource for addressing work and family life issues

Licensed professional counselors provide short term consultations at no charge. Counselors can assist members with issues such as work related stress, deployment issues, relationships, anger management, parenting, transitions, combat stress and more.

They are provided on a confidential basis. "Duty to warn" (i.e. harm to self, or others) issues are an exception to confidentiality.

For more details, call 382-1012.

Family Child Care

Any person conducting child care services in base housing for more than 10 hours per week on a regular basis must be a licensed Family Child Care provider.

This is in accordance with Air Force Instructions. For more information on how to obtain certification, call 552-3995

Air show

Arctic Thunder, Elmendorf Air Force Base's air show, is Aug. 12 and 13.

People wanting information about the air show can call 552-SHOW (7469) or go online at www.elmendorf.af.mil and follow the Arctic Thunder 2006 link.

The featured performers for Arctic Thunder 2006 will be the Navy's Blue Angels and the Army's Golden Knights parachute demonstration team.

CLEP exams

Wayland Baptist University will administer College Level Examination Program exams beginning Monday. People wanting to take CLEP exams will do so directly through Wayland Baptist University's test center at 7901 E. 32nd Ave.

Exams begin at 10 a.m. Mondays, Tuesdays and Thursdays, and at 1 p.m. Wednesdays. Appointments can be scheduled with Darla Waller at 333-2277 9 a.m.-8 p.m. weekdays.

People with the "Armed Forces of the United States" Common Access Card are eligible for funded testing. If you are unsure of your eligibility, call Wayland Baptist University before scheduling an exam.

The Base Education Office will continue to schedule and administer all DANTES, PME and college exams.

Torch run

A 5K Torch Run takes place May 20 at West High School. Registration begins at 9 a.m. and the run is at 10 a.m. The registration fee is \$25 and includes a T-shirt.

For details, e-mail *bruce*. *erb@akanch.ang.af.mil*.

AETC Special Duty

The Air and Education Training Command Special Duty Briefing Team conducted their regularly scheduled visit last week. Air Force members who may have missed the team's visit do not have to wait for the next visit to apply for an AETC

special duty.

For details about recruiter opportunities and an application, visit www.afrecruiting.com or call DSN 312-665-0584. For military training instructor information, visit www. lackland.af.mil/737web/main.cfm or call DSN 312-487-1018. For details regarding military training leader special duty opportunities, visit https://hq2af.keesler.af.mil/MTL.

If interested in an assignment as a PME instructor or technical training instructor duty, call the MPF at 552-2276 for application procedures.

OTS applicants

A new Basic Officer Training Guide was released for active-duty Air Force members who plan to apply to the Officer Training School. Those who plan to apply for the upcoming 06OT04 board and later boards are required to use this updated guide when assembling their packages.

Additionally, all prospective OTS applicants are required to attend the mandatory commissioning briefing beginning at 8 a.m. the first Wednesday of every month at the Education Office. No appointment is necessary but people must attend this briefing before being allowed to apply to OTS

For details, call Joe O'Neil, Education Office, at 552-9647.

Free concert

The Japan Maritime Self-Defense Force Band and Sand Lake Elemen-

tary Tomodachi Daiko, in concert with The U.S. Air Force Band of the Pacific, performs at 7 p.m. May 4 at the Discovery Theatre.

The event features the JMSDF 20-member ensemble from Japan performing pop, jazz, folk song, and marches, a 20-member Taiko Drum group from Anchorage, the Band of the Pacific's Greatlanders playing big band era, Dixieland, and contemporary tunes, and The Alaska Brass entertaining with traditional brass quintet repertoire, including percussion.

The doors open 30 minutes before show time and no tickets are necessary. The Discovery Theatre is in the Performing Arts Complex between 5th and 6th Avenues downtown. For more information, call 552-3081.

Environmental training required

All active-duty and civilian members assigned to Elmendorf must complete Environmental Management System Awareness Level Training by June 30.

The computer-based training is available through the Pacific Air Forces Environmental Compliance Assessment Training and Tracking System at www.pacaf.ecatts.com. The new users must create an account using the registration password "pacaf."

Change of command

The 962nd AACS change of command ceremony begins at 10 a.m. May 5 in Hangar 8.



Chapel Schedule

Catholic Parish

■ Monday through
Wednesday and Friday Mass:
11:30 a.m. at the Chapel Center

- Thursday Mass: 11:30 a.m. at the Hospital Chapel
- Sunday Mass: 10:30 a.m. at Chapel 1
- Sunday Evening Mass: 5 p.m. at Chapel 2
- Confession: 4:30 p.m. Sundays at Chapel 2
- Catholic Religious

 Education: 9 a.m. Sundays at the Chapel Center.

Protestant Sunday

- Liturgical Service: 9 a.m. at Chapel 2
- Traditional Service: 9 a.m. at Chapel 1
- Gospel Service: noon at Chanel 1
- Contemporary: 6 p.m. at Chapel 1
- Protestant Sunday School: 10:30 a.m. at the Chapel Center.

For more details, call the Chapel at 552-4422.

Airmen recieve nonjudicial punishment, discharges

Article 15s:

An airman first class with the 732nd Air Mobility Squadron drove a vehicle while under the influence of alcohol.

His punishment was a reduction to airman, suspended reduction to airman basic, forfeiture of \$100 pay per month for two months, restriction to the limits of Elmendorf for 30 days and 30 days extra duty.

A married senior airman with the 3rd Component Maintenance Squadron committed adultery with a civilian.

His punishment was a suspended reduction to airman first class and a reprimand.

A staff sergeant with the 381st Intelligence Squadron failed to pay a \$197 and a \$274.18 debt to the Exchange Credit Program.

His punishment was a suspended reduction to senior airman, forfeiture of \$400 pay and a reprimand.

An airman with the 962nd Airborne Air Control Squadron received a vacation action for not going to physical training twice and for not going to an operations group commander's call.

A vacation action imposes a suspended punishment from previous Article 15. His punishment was a reduction to airman basic.

Discharges:

An airman first class with the 3rd Mission Support Squadron was administratively

discharged for minor disciplinary infrac-

The member's misconduct included two Article 15s, two Letters of Reprimand and three Letters of Counseling. She demonstrated insubordinate conduct and used disrespectful language toward her supervisor. She also failed to report for duty or physical training on several occasions.

The member's misconduct resulted in a general discharge.

An airman first class with the 3rd Equipment Maintenance Squadron was administratively discharged for minor disciplinary infractions.

The member's misconduct included two Article 15s for sleeping on duty as a security forces augmentee and for cohabitating in the dorms; a Letter of Counseling for not following a 3rd Wing Instruction and a Letter of Reprimand for receiving basic allowance for housing while cohabitating in the dormitory.

The member's misconduct resulted in a general discharge.

An airman basic with the 3rd Communications Squadron was administratively discharged for minor disciplinary infractions.

The member's misconduct includes two Article 15s, one Letter of Reprimand and seven Letters of Counseling for various misconduct. He was late for work, failed to attend mandatory functions, was caught speeding, and was involved in an accident as a result of driving recklessly.

The member's misconduct resulted in a general discharge.

Wing cleanup set

Wing Spring cleanup is scheduled for May1-4. Every unit and organization on Elmendorf has its own specific area of ground maintenance.

A copy of the base appearance plan is located on Top-cover under "Links," then "Base information" and "Base appearance." Each unit or organization will be given orange bags. The bags are for general refuse. People should not use them for hazardous materials such as paint, tires and oil containers.

Units with unique or large items that will not fit into the bags, should contact the 3rd Civil Engineer Squadron Heavy Equipment Section at 552-2994 to arrange a pickup. Accountable and salvageable material must be turned into DRMO.

Units are required to dispose of their own trash at the city landfill; loads will not exceed the size of a standard pick-up bed, must be secured and covered to prevent spilling in transit, and must not exceed 1,000 pounds. People with unsecured loads or improperly covered loads will be charged \$10.

Anchorage's citywide cleanup takes place April 29-May 6. For details, visit the chamber of commerce at *www. anchoragechamber.org*. People who live in the Anchorage community should visit the Web site for more information on free dumping.

For Aurora Housing residents, May 6-7 will be the designated days for clean up. The locations of the clean up dumpsters for the housing areas are:

Cherry Hill: Base of Cherry Hill on Arnold Avenue, New Sunflower, Sunflower and Dallas: Fairchild Avenue, Silver Run: Vosler Avenue, across from the Community Center,

Chugach: End of Wilkins Road,

Moose Crossing: By the barricades on the Grady Highway at the Stephenson Lane entrance, and

FO/CO, GOQ, Seattle and Dayton: Aurora Military Housing side parking lot.

Sourdough Sentinel April 21, 2006

Egg hunting

Right: Airman 1st Class Paul Popovich, 3rd Logistics Readiness Squadron, turns in his eggs for money and other prizes at the Dorm Dwellers Egg Romp April 14. The event was held at the ball fields next to the Kashim Club, and gave Airmen living in the dorms the opportunity to find eggs worth a total of \$400.

Below: Base members look for eggs during the Annual Eggstravaganza Easter Egg Hunt Saturday at the Youth Center ball fields. The event gave children up to 12 years old the chance to win candy and prizes.





PHOTOS BY AIRMAN IONOTHAN STEERE

Warm weather brings bears out

By Bill Day3rd Wing Public Affairs

Spring weather is here and it's time to start thinking about avoiding conflicts with bears. Bears are waking from their hibernation, and in fact have already been spotted on base.

These tips from Greg Schmidt, Elmendorf conservation chief, can help prevent bears feeding near your home.

- Garbage should be placed in a bear resistant dumpster. Lock the lid so bears can not open the doors.
- Don't leave any dog food outside. Any uneaten food should be brought indoors or placed in a bear-resistant receptacle.
- Remember, bird feeders are only allowed from Nov. 1 to April 15. Birds can easily find natural foods after April 15th.

State regulations prohibit intentionally or negligently feeding bears. That includes delaying cleaning the fish stored in the ice chest on your porch, forgetting to take the bag of garbage to the dumpster, or placing your plastic garbage can outside the house because it is "stinking up the garage." The consequence is a \$100 fine.

If you see any bears near the housing area, within the industrial area of the base or hanging around a dumpster, family camp or one the base chalets report it to security forces at 552-3421.

"An extensive study begun last year, allowed us to radio-collar and track some brown bears," said Mr. Schmidt.

"One of the initial findings was that the Ship Creek corridor near the new Moose Crossing Housing is heavily used by brown bears. It is critical that we not attract these bears into Housing areas by leaving food outdoors, or teaching them to associate food with people."

If people follow a few safety tips when outside, they can avoid conflicts with bears.

- Be alert to bear signs, warning vocalizations ("huffing"), and the smell of dead animals or a "wet dog." Choose another path to avoid the conflict.
- Avoid attracting bears when camping, picnicking, fishing or hunting by storing food, fish or game in a bear-proof container, vehicle or high in a tree away from the branches and the tree trunk.
- Make noise. You might try singing or some other type of noise to let wildlife know you are nearby. Travel in groups whenever you are in or near a wooded area. Most wildlife will attempt to avoid human contact.
- Don't run. Bears are capable of running much faster than humans and by running, you may trigger an instinctive pursuit response.
- Slowly back away. If this doesn't work, yell as loud as you can at the animal. If you are wearing a coat, open it up to make yourself appear larger. Prepare to use bear spray or a firearm if you have one.
- If attacked by a bear that seems to be defending cubs, food or its personal space, play dead after being knocked down. Protect your head and neck with your hands. If rolled over by the bear, roll back onto your stomach; but then again remain motionless. Never lay down before being attacked, that may invite the bear to consume you.
- Be prepared when entering bear country and have a plan on how to react.

By following these tips, you can enjoy the warmer weather and all Alaska has to offer.

Studded tires are not allowed on Anchorage, Elmendorf or Ft. Richardson roads after May 1.
Violators will be ticketed.



Electronics recycling



Green Star is having its annual electronics recycling event at the former FedEx Warehouse at the Southwest corner of Jewel Lake and International Air-

port Road. The business drop-off day is 10 a.m.-4 p.m. April 28 and costs 30 cents per pound. The drop-off day for households is 10 a.m. to 4 p.m. April 29 and costs \$10 per carload, including up to three monitors or TVs. Additional monitors or TVs cost \$5.

12th AMU downs 90th, 19th in weapons loading competition

By Senior Airman Jared Marquis 3rd Wing Public Affairs

Members of the 12th Aircraft Maintenance Unit took top honors during the first quarter Load Crew Competition April 11 in Hangar 5.

The competition tests the abilities of load crew teams from the 12th, 19th and 90th AMUs.

The teams first compete with teams in their unit, before being chosen to compete at the quarterly competition.

According to Master Sgt. Joseph Pepitone, 19 AMU Weapons Section Chief, the crews face each other in a timed event, and are rated on their time and efficiency.

"All three AMUs start the head-tohead competition at the same time. The

teams try to do the work as fast as possible while still doing it safely. The evaluators mark points off for any discrepan-

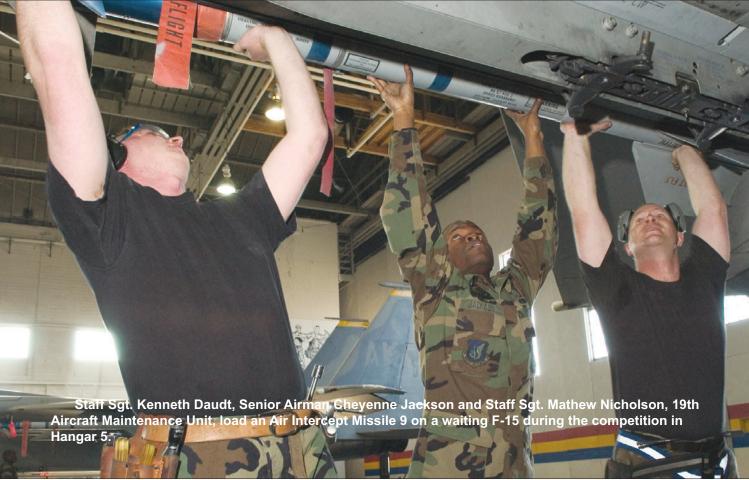
The teams load everything from MK-82 General Purpose Bombs to AIM-120 Air-to-Air Missiles and compete quarterly. They also have an annual competition.

For this competition, the Air Force Daedalian Team was able to attend. The Daedalian team was evaluating the 3rd Maintenance Group for the Air Force Daedalian Award.

The next competition is scheduled for July in Hangar 5.

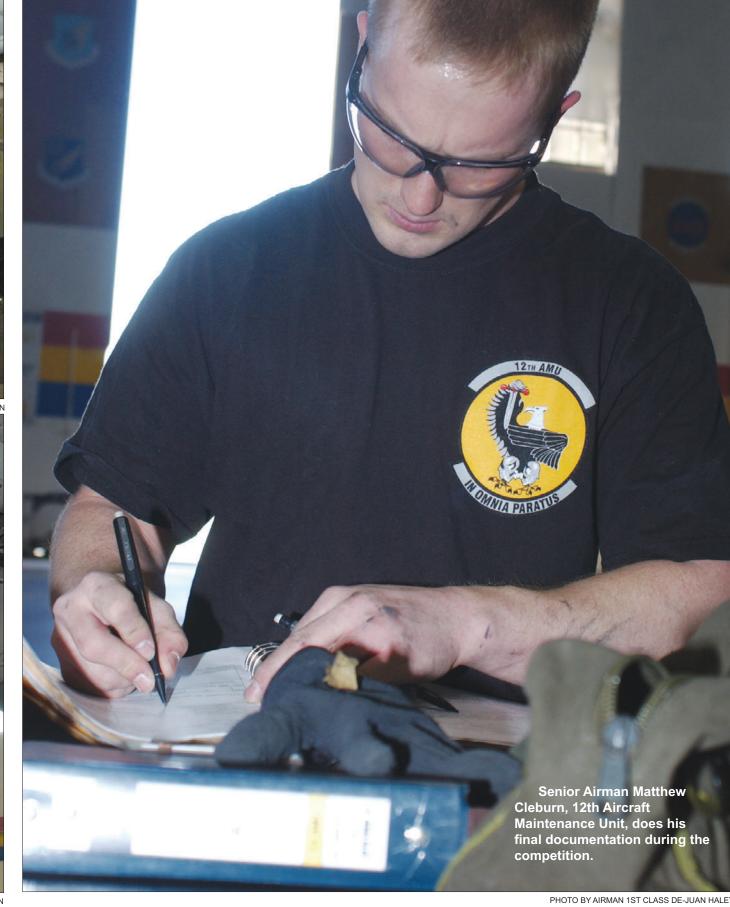
(Cutline for cover photo: Staff Sgt. Kenneth Daudt, 19th Aircraft Maintenance Unit, gets an F-15 ready for the missile to be loaded during the competi-











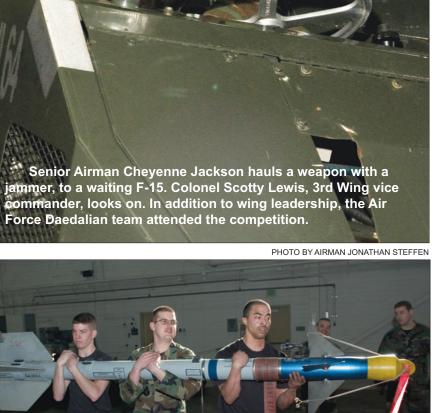










PHOTO BY STAFF SGT. ALAN PORT



Services Eaglet

"Telling the Services Story" in daily activities and special events for the Elmendorf community

Lunchtime with a Vendor

at Information, Tickets and Travel

11 a.m.-1 p.m. May 1
Meet representatives from Horse Trekkin AK and
Phillips 26 Glacier Cruises and Tours

Make reservations with them on that day at a special rate and possibly win a free cruise and giveaways

11 a.m.-1 p.m. May 15

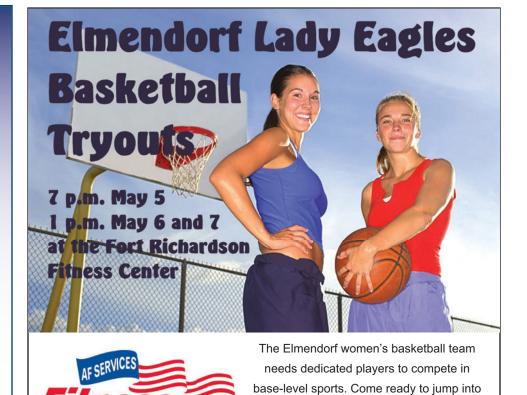
Meet representatives from Renown Tours

Make reservations with them on that day at a special rate



Located in the Arctic Oasis 552-0297 or 753-2378





Eagle's Nest Cafe

10:30 a.m.-2 p.m.

Combo meals, salads, soups, beverages, appetizers and daily lunch specials at Eagleglen Golf Course

Look for expanded hours in May

E-4 and below save 10 percent Services club card holders save 10 percent (no discount on alcohol)

Today

Youth Trip to The Imaginarium noon-5 p.m., ages 9-12, \$7, Youth Center, 552-2266

Hula Lessons 4-5 p.m., ages 4 to adult, \$32 per month, includes notebook of songs and dances, Arctic Oasis, 552-8529

Celebrate Earth Day the Gardening Club will start planting the School Age Program garden, seed donations are welcome, SAP, 552-5091

Teen Trip to History/Art Museum and 5th Avenue Mall 2 p.m., \$2 plus spending money, ages 13-18, Youth Center, 753-2266

Break-Up Fun Run noon, 5K, T-shirts to the first 30 that sign up the day of the race, sign-ups at 11 a.m., prizes, Fitness Center, 552-5353

RC DJ (The Rajun Cajun) 9 p.m.-3 a.m., adults only, Kashim Lounge, 753-6131

Club Member Social Hour 5-6 p.m., free snacks for club members, adults only, Kashim Lounge, 753-6131 and The Cave, 753-3131

Basic Automotive Service Class 5 p.m., by appointment, \$20, Auto Hobby, 552-3473

Saturday

Nascar Races 4 p.m., The Igloo Lounge, 552-4108

Kid's Corner "Candle Art" 1-3 p.m., ages 3-10, \$15, Arts & Crafts 552-7012 or 552-2478

Beading "Hope Bracelets" 11 a.m., learn beading basics and donate bracelets to area hospital cancer ward, Arts & Crafts, 552-7012 or 552-2478

Annual Family Child Care Provider Appreciation 3-4 p.m. at the Chapel 1 Annex, a great time to learn more about what FCC offers, meet providers and show your appreciation. Food and fun for everyone, FCC, 552-3995

DJ Karaoke 9 p.m., adults only, Kashim Lounge, 753-6131

Xtreme Bowling with DJ

9 p.m.-1 a.m., \$18 includes shoe rental, Polar Bowl, 552-4108

Bike Maintenance Clinic 1 p.m., \$5, Outdoor Recreation, 552-2023

Hip Hop and Jazz Class 10-11 a.m., ages 4-18, Arctic Oasis, 552-8529

Sunday

Family Xtreme Bowling 1-8 p.m., \$30 for up to six bowlers, shoe rental, one lane for two hours, two pitchers of soda and popcorn, Polar Bowl, 552-4108

Sunday Brunch 10:30 a.m.-1:30 p.m., \$16.95 *Members First* price, \$19.95 regular price, \$7.95 for children ages 6-12, senior airmen and below receive a 25 percent discount with their club card, Susitna Café, 753-3131

Monday

& Sports

Monday Evening Road Bike Ride 5:30 p.m., call to sign-up, Outdoor Recreation, 552-2023

Private Pilot Ground School Registration through April 28, the eightweek course takes place 6-9 p.m. Tuesdays and Thursdays May 9-June 29, \$350 plus \$255 book kit, Aero Club, 753-4167

E-4 and Below Special 5-9 p.m., 50 percent off bowling and shoes. If the military member is deployed, the family can still participate, just bring a copy of the orders, Polar Bowl, 552-4108

Tuesday

Soccer Trophy Engraving Special through April 29, save 20 percent on soccer trophies and plaques, Arts & Crafts, 552-2470

Softball Coaches Meeting 10 a.m. at the Kenai Dining Facility, Fitness Center, 552-5353

Bowler Appreciation Night 5-9 p.m., \$1.75 per game and \$1.75 for shoe rental, Polar Bowl, 552-4108

Yoga Classes 10-11 a.m., ages 13 and older, \$40 per month, Arctic Oasis, 552-8529

Wednesday

Intro to Photography 5:30-9:30 p.m., camera needed, \$45, limit six people, Arts & Crafts, 552-7012 or 552-2478

Preschool Story Hour and Make It, Take It 10:30-11:30 a.m., ages 5 and under, Library, 552-3787

the action. Comradery, respect and team

pride are just a few of the perks. Call

Staff Sgt. Thomas Jones at 830-0095.

Wednesday Night Madness 5-9 p.m., \$18 per lane, up to five bowlers, shoes not included, Polar Bowl, 552-4108

Thursday

Thursday Evening Mountain Bike Ride 5:30 p.m., call to sign-up, Outdoor
Recreation, 552-2023

10th Annual SAP Fashion Show 6:30 p.m.-8:30 p.m. at the Susitna Club, call for details, SAP, 552-5091

Youth Center Open House 5-6 p.m., find out what the center has to offer. We would also like to hear ideas or suggestions from youth and parents on future programming, Youth Center, 552-2266

Morning Coffee Conversation 10:30 a.m., book club for spouses of deployed members, Arctic Oasis, 552-8529

Yoga Classes 10-11 a.m., \$40 per month, ages 13 and older, Arctic Oasis, 552-8529

Red Pin Bowling 5-9 p.m., get a red headpin strike and receive a free game, limit one free game per paid game, Polar Bowl, 552-4108

Pottery on the Wheel - Glazing and Orientation 6:30-8:30 p.m., \$45, limit four people, Arts & Crafts, 552-7012 or 552-2478



PHOTO BY AIRMAN 1ST CLASS DEJUAN HALEY

Senior Airman Carol-Ann Cardona

Organization and duty title: 611th Alaskan North American Aerospace Defense Command Flight client support administrator

Hometown: Greensboro, N.C.

Hobbies: Going to the movies and cooking

Mission contributions: Keeps the 11th Air Force Tailored Air Operations Center battle staff abreast of all coordination and tracking actions, and notifies headquarters NORAD when actions have been completed. Notifies the appropriate agencies of ANR director of operations decisions to execute contingency plans and deployment of forces to forward locations, as well as reviews all incoming messages and distributes to ANR TAOC members.

Time at Elmendorf: Two years, three months Time in the Air Force: Two years, eight months

Best part about being in Alaska: Marrying her husband, Sandro, and

having their baby son, Jayden

Quote from supervisor: "Senior Airman Cardona is the sparkplug that keeps the fine-tuned 611th ANF running smooth." Master Sgt. Kevin Hoover



PHOTO BY TECH. SGT. KEITH BROWN

Tech. Sgt. Daryl Stahle

Organization and duty title: Detachment 14, 372nd Training Squadron

F-15 electrical and environmental systems instructor

Hometown: York, Pa.

Hobbies: Fishing, hunting and hockey

Mission contributions: Teaches the electrical and environmental system schematics, general systems theory and principles of operating the F-15.

Time at Elmendorf: since 1998 Time in the Air Force: 18 years

Best part about being in Alaska: World-class fishing in the summer and

hockey in the winter. You can't beat it!

Quote from supervisor: "The accomplishments of Sergeant Stahle have set him apart, put him on top. [He is] an exceptional instructor as demonstrated by recent UCI inspection results." Master Sgt. Rusty Compton

Cold War Icons

By Capt. Tony Wickman

71st Flying Training Wing Public Affairs

Across

- 1. __ Vegas
- 4. Immediately
- 8. Summer of
- 11. Soccer star
- 12. Cold War Soviet Premier Brezhnev (1964-82)
- 14. Accountant, in short
- 15. Roaster
- 16. Worked hard for
- 17. Vase 18. Cold War conflict nationalist/com-
- munist forces and pro-Western 20. Cold War leader Joseph (1922-
- 1953); created Warsaw Pact
- 22. "X-Men" director Singer
- 25. Sick
- 26. Cold War leader Harry; developed
- USSR containment doctrine
- 30. Film critic Ebert
- 33. Cold War icon Powers; American
- U-2 pilot shot down over USSR
- 34. Streetcar
- 35. Commonly
- 38. Crazy



April 14 solutions

- 41. U.S. ship seized in 1968 by North Korea
- 43. Federal org. concerned with medicine
- 44. Town home to Vance AFB
- 47. Dutch colonist in South Africa
- 48. 1951 act passed to enable military to create "foreign legion" against
- 49. Spongy citrus fruit rind
- 51. Ecologist Leopold
- 54. Crush
- 56. Blockaded city that was one of the major Cold War crises
- 59. Russian satellite; launched Cold War "Space Race"
- 64. __ of Pigs; 1961 U.S.-backed invasion of Cuba
- 65. Rattle off
- _; Cold War build up 68. Arms between U.S. and Soviets
- 69. Mock
- 70. Cold War proxy conflict between
- U.S. and Communist powers
- 71. Ajar
- 72. Cold War ID for a Soviet republic
- 73. Head
- 74. Mogul Turner

Down

- 1. Jean maker
- 2. Out of the wind
- 3. Mailed
- 4. Sordid
- 5. Rocky peak
- 6. Crime writer Rule
- 7. Knots up
- 8. Long oar
- 9. Taxing month
- 10. Director Michael
- 11. Mil. member's car
- 12. Gain knowledge
- 13. Banned pesticide
- 19. Shaq's org.
- 21. Demeanor
- 23. deco



23

30

34

67

- 24. Neither's partner
- 26. End of the week phrase, in short

70

73

27. Map maker

64

69

72

- 28. Major or Minor
- 29. 2001 "Lady Marmalade" singer
- 31. Bomber ; Cold War issue regarding Soviet aircraft buildups
- 32. Flightless bird
- 35. Woodwind instrument
- 36. Absconded
- 37. Actor Benecio del
- 39. Keanu's "The Matrix" character
- 40. Terminate
- 42. Dwindle
- 45. Grocery store chain
- 46. Young woman

- 48. Computer chuckle, in short
- 49. Resort town
- 50. Romanian currency

13

32

14

17

36

62

37

25

51. Palestinian Authority president

71

74

10

- Mahmoud
- 52. Jumps
- 53. Clothing appliance
- 55. Movie canine
- 57. Annoy
- 58. A noble gas
- 60. Canter
- 61. Scruff of the neck
- 62. Chilled
- 63. Barbie's pal
- 66. -Magnon
- 67. CENTCOM danger



VOLLEYBALL

Team 3rd OSS 381st IS 962nd AACS 11th OWS 611th AIS 3rd LRS 3rd EMS 3rd CES 611th ASG 3rd CPTS	Wins 10 9 9 7 6 5 4 2 1	Losses 2 2 1 4 5 6 7 7 9	
3rd CPTS	1	10	U

Current as of April 14

Monday-Thursday schedule

	_			
381st IS	VS.	3rd LRS	Monday	6 p.m.
3rd CES	VS.	3rd LRS	Monday	7 p.m.
962nd AACS	VS.	3rd CPTS	Monday	8 p.m.
11th OWS	VS.	611th AIS	Tuesday	6 p.m.
3rd EMS "A"	VS.	381st IS	Tuesday	7 p.m.
3rd CPTS	VS.	611th ASG	Tuesday	8 p.m.
3rd OSS	VS.	3rd CES	Wednesday	6 p.m.
3rd EMS "A"	VS.	611th AIS	Wednesday	7 p.m.
381st IS	VS.	11th OWS	Wednesday	8 p.m.
3rd OSS	VS.	3rd LRS	Thursday	6 p.m.
3rd EMS "A"	VS.	3rd CES	Thursday	7 p.m.
381st IS	VS.	962nd AACS	Thursday	8 p.m.

View the Sourdough Sentinel online at www.sourdoughsentinel.com.

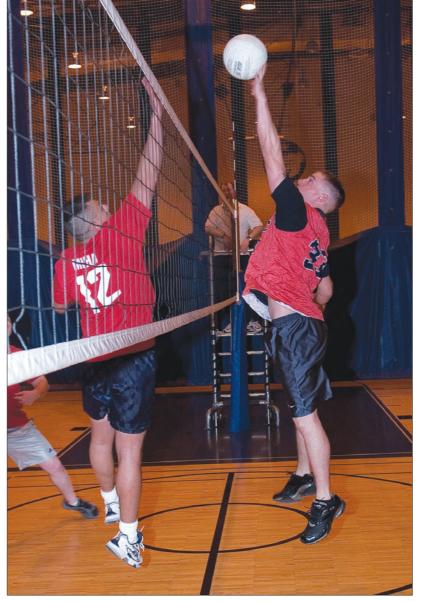


PHOTO BY STAFF SGT. ALAN PORT

Spike

Steven Peaper, 3rd Civil Engineer Squadron (right), goes for the block as Mike Lungulescu, 611th Air Intelligence Squadron, knocks the ball over the net. The 611th AIS downed 3rd CES two matches to one.

Sport Shorts

Lady Eagles basketball tryouts

Tryouts for the Lady Eagles basketball team are 7 p.m. May 5 and 1 p.m. May 6 and 7 at the Ft. Richardson Fitness Center.

For more information, call Thomas Jones at 830-0095.

Fishing licenses

Alaska 2006 fishing licenses and king stamps are available at Outdoor Recreation. The staff can also stamp a license for fishing on Elmendorf.

Camper reservations

Outdoor Recreation is taking reservations for camper rentals. Camper rentals must be done in person at 7301 Jerstad Ave.

Skeet tourney

The Alaska Armed Forces Skeet Champion-ship takes place May 4-7 at the Ft. Richardson Trap and Skeet Range. The cost is \$28 per gauge/100 bird event.

For more information, call Henry Martin at 552-2817 or Paul Taitt at 552-6669.

Mountain bike ride

Outdoor Recreation is sponsoring Mountain Bike rides at 5:30 p.m. Mondays and Thursdays. Bike rentals are available for \$5.

For more information, call Outdoor Recreation at 552-2023.

Kenpo Karate

Kenpo Karate classes are offered from 6-7 p.m. Mondays and Wednesdays for ages 4-18 at the Arctic Oasis. Adult classes are 7-8 p.m. Cost is \$30 a month.

For more information call the Arctic Oasis at 552-8529.

Arctic Warrior Olympics

■ Points of contact are needed for several Arctic Warrior Olympics events.

Anyone interested in volunteering should contact 2nd Lt. Ranjodh Gill at 580-1901 or ranjodh.gill@elmendorf.af.mil.

■ The Arctic Warrior Olympics committee is looking for feedback regarding the types of events for the olympics. The survey is located at https://portal.elmendorf.af.mil/units/AFLocal/AWO/Lists/AWO%20Event%20Priority/overview.aspx from a government computer.

Learn to golf

Eagleglen Golf Course is sponsoring Link Up 2 Golf, a three-week course focused on golf instruction. The cost for the program is between \$99-\$150, and includes all equipment.

An orientation is scheduled for 1 p.m. May 6 at the Eagles Nest Cafe.

For more information, call Eagleglen at 552-3821.

Outdoor Adventure Program

Hiking, biking, kayaking and rafting are a few of the adventures sponsored by the Outdoor Adventure Program. OAP is located inside Outdoor Recreation.

For more information call 552-2023.

Teen 4-H Adventure Camp

The Air Force Youth Programs in sponsoring an outdoor fitness adventure for teens at June 25-30 and July 16-21 at Little Rock, Ark.

Selected teens will be provided meals, lodging, transportation and activities.

Applications can be picked up at the Youth Center and must be submitted by today. For more information, call 552-2266.

Bike maintenance clinics

Outdoor Recreation is sponsoring bike maintenance clinics at 1 p.m. Saturday and April 29, 4:30 p.m. May 12 and 10 a.m. May 27.

The class is \$5 and teaches the basics of bike maintenance. For more information, call 552-2023.